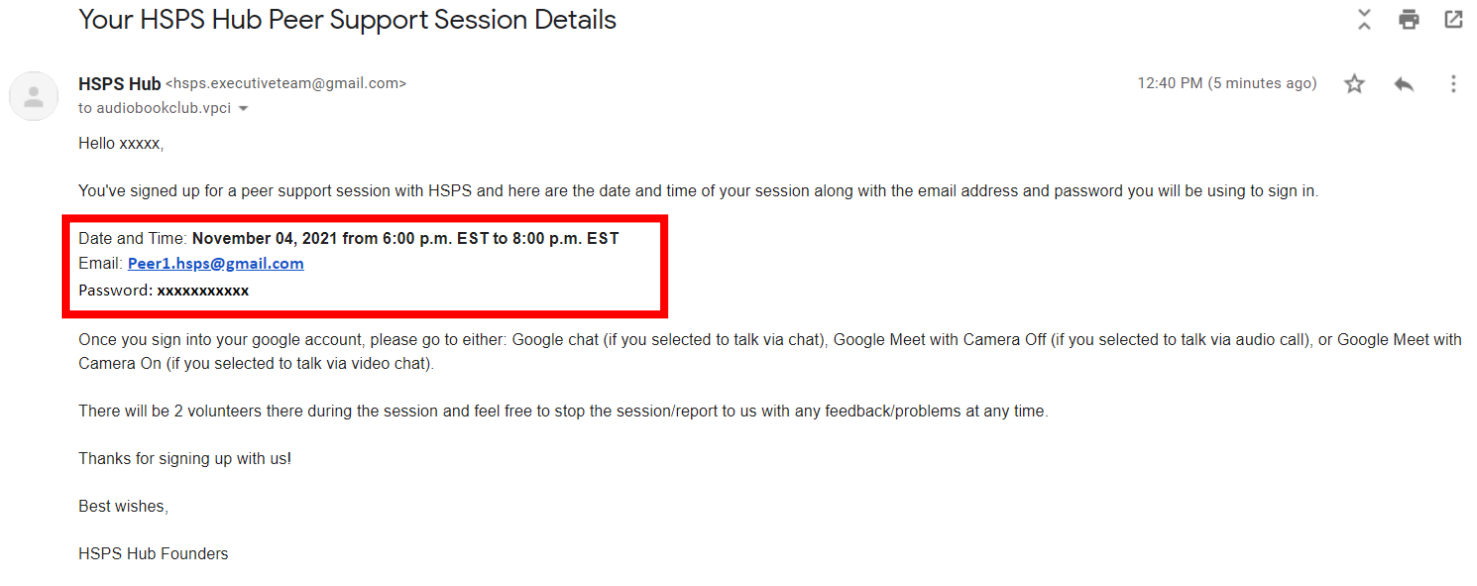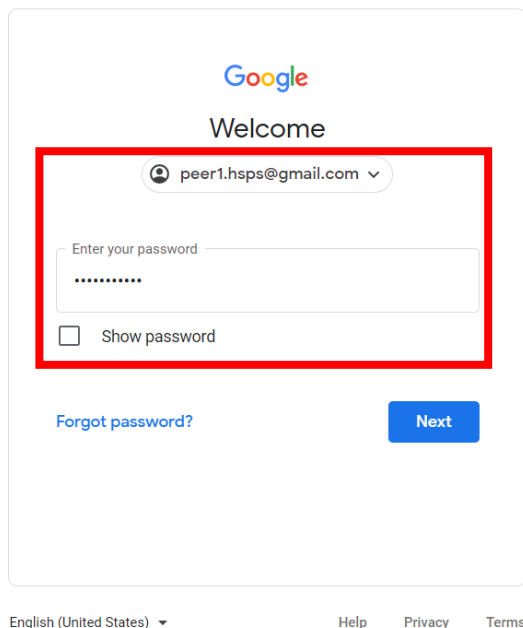# Session Sign-in Tutorial

STEP 1:

You will receive an email that looks like this. It has the date/time and the email + password.

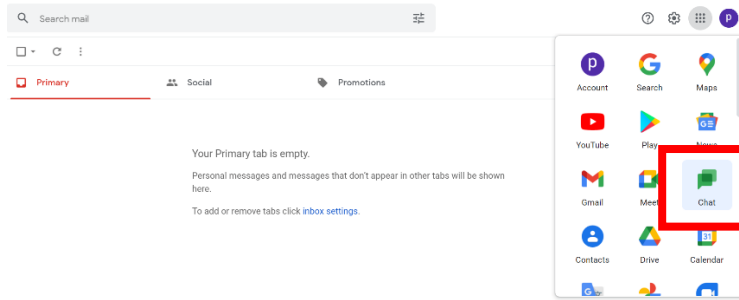
STEP 2:

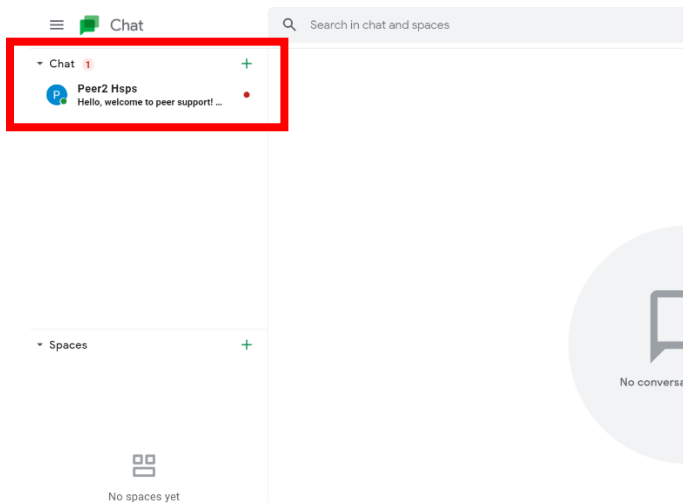Use the email and password to sign in like this. You will end up in the gmail account.

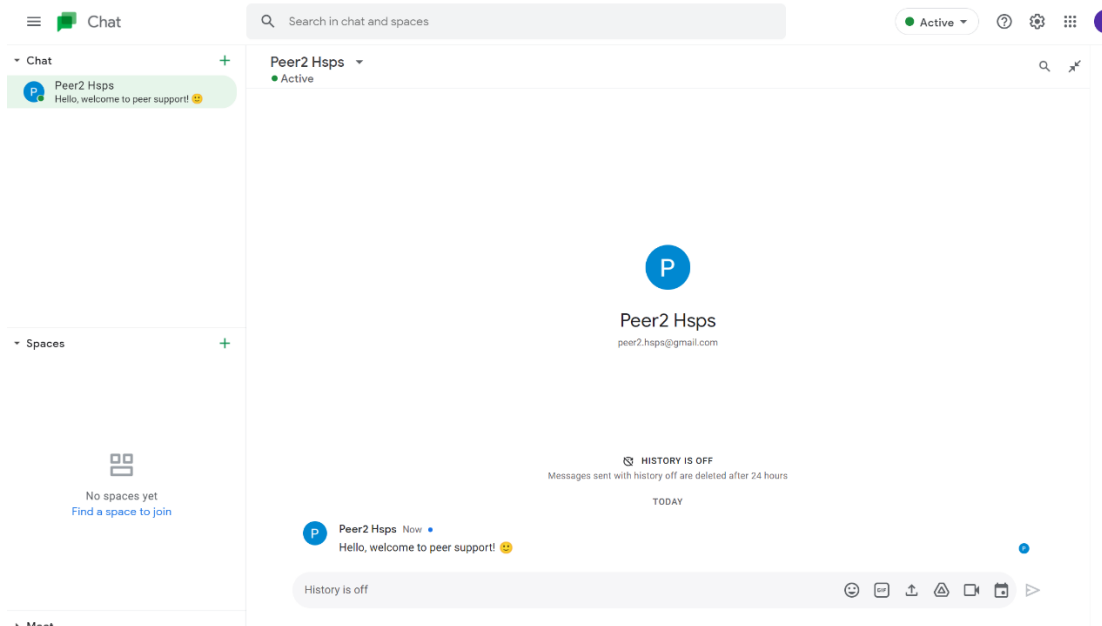# STEP 3:

IF YOU ARE JOINING VIA CHAT

Click into the Google Chat app

Once you sign into the Google Chat app, on the left-hand corner, you should see and invitation to join the conversation with our peer support volunteer(s).
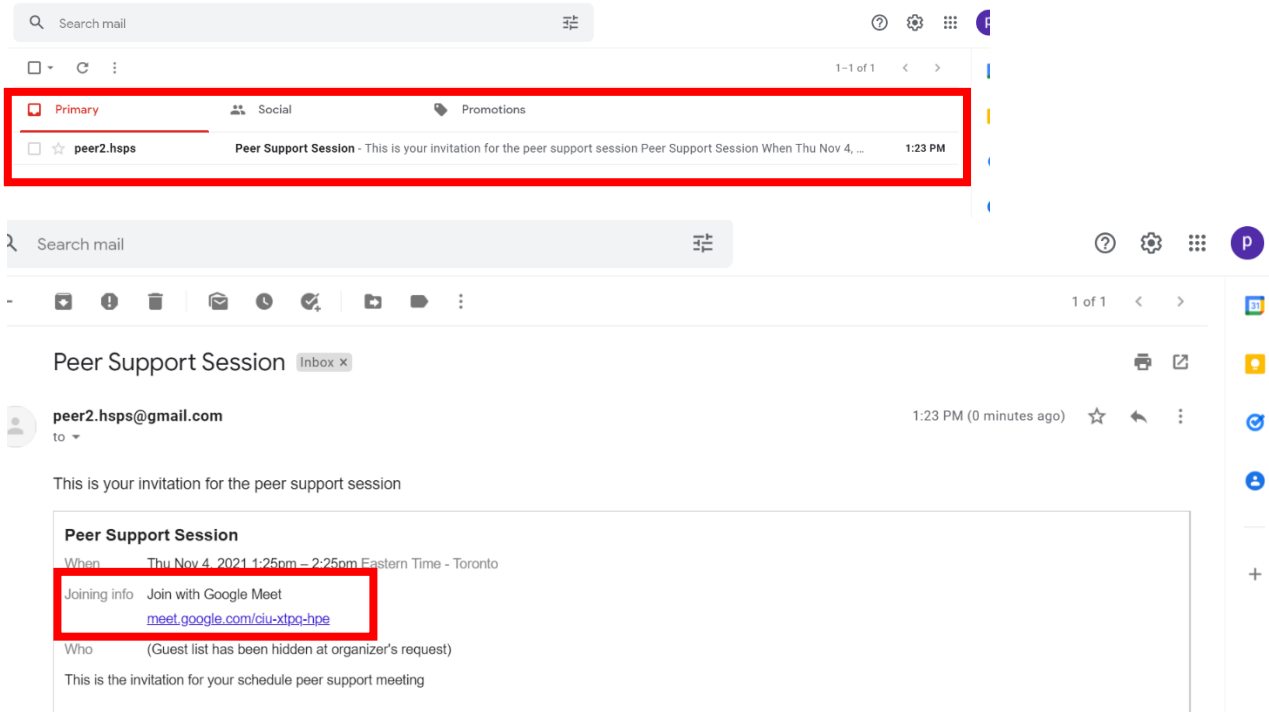

This is the platform you will see and where you will be chatting. Note: the history is off and histories are only there for 24 hours so that the supervisor will be able to help if needed (supervisor will be keeping everything confidential).
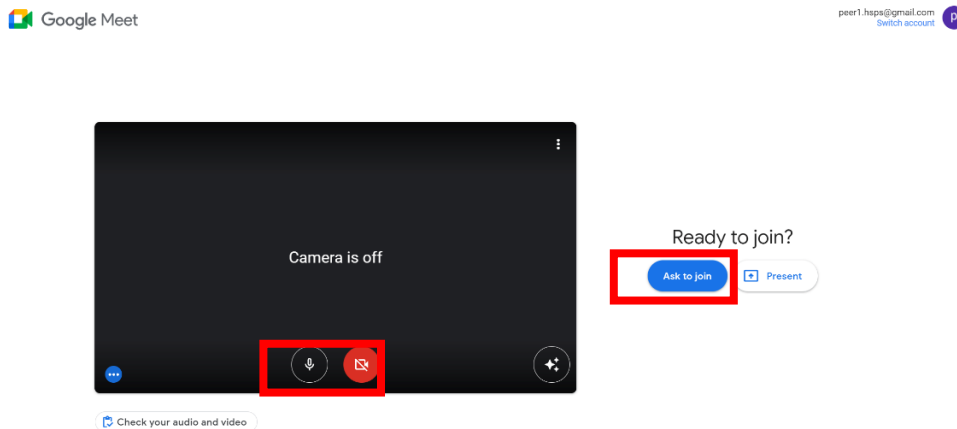
Sign into the email address you were given. There will be an invitation email for your session in the inbox with a link to the google meets meeting. Click the link and it will direct you to the google meet app.

This is what you will see once you click on the invitation link. For an audio call, simply turn off your camera.

Ask to join and our peer support volunteers will let you in!
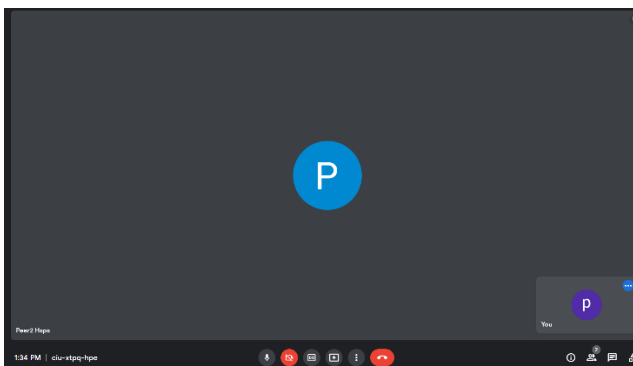

This will be what the meeting looks like.

Sign into the email address you were given. There will be an invitation email for your session in the inbox with a link to the google meets meeting. Click the link and it will direct you to the google meet app.

This is what you will see once you click on the invitation link. For a video call, simply turn on your camera.

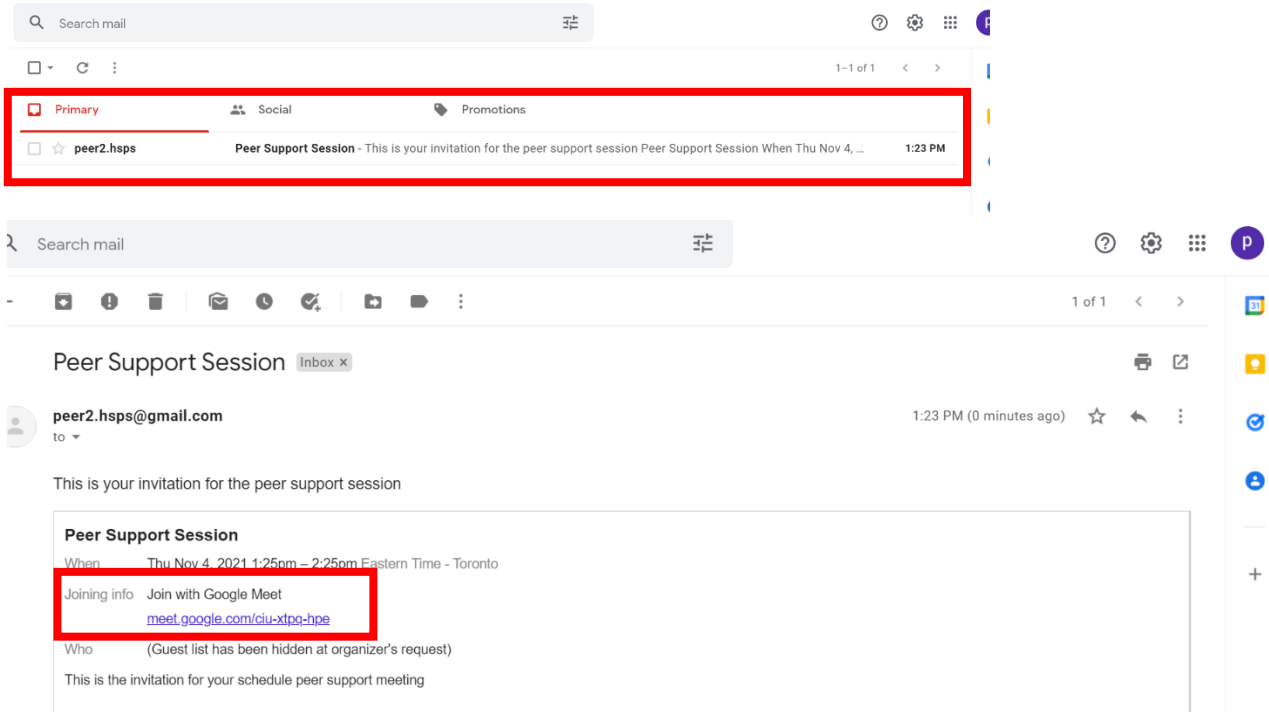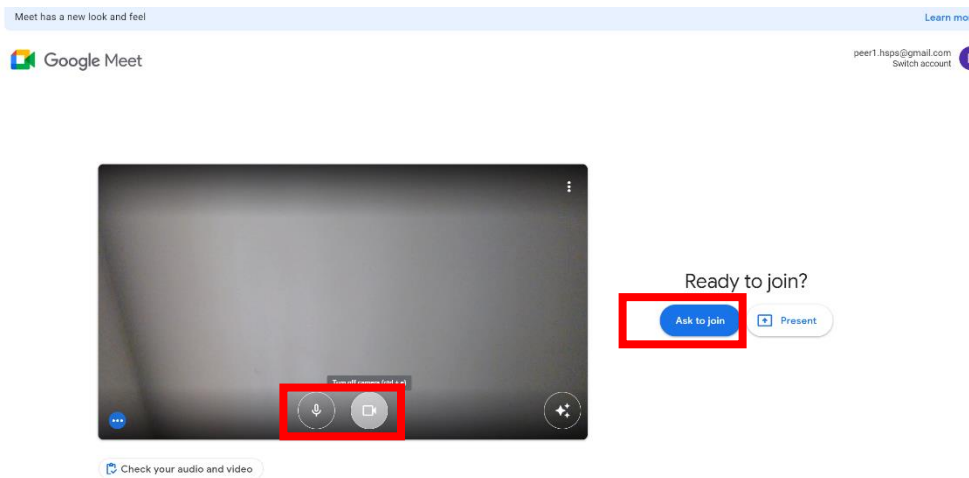Ask to join and our peer support volunteers will let you in!

NOTE: PLEASE MAKE SURE YOU ALLOW THE MICROPHONE AND CAMERA TO WORK IF YOU ARE USING A LAPTOP.